

CCBHC Update

As of June 5, CrossWinds is officially a Certified Community Behavioral Health Clinic! This certification marks a significant milestone in our agency's history for both staff and consumers, and more importantly, cements CrossWinds' presence in our communities for years to come!

The CCBHC model was originally developed by the Substance Abuse and Mental Health Services Administration (SAMHSA) and the Centers for Medicare and Medicaid Services (CMS) to increase access to community-based mental health and substance use disorder services. In short, CCBHCs focus on integrating behavioral health care with physical health care to better address an individual's whole-body wellness. This means providing

treatment that is person- and family-centered, trauma-informed, and recovery-oriented.

CrossWinds has been operating under provisional CCBHC certification for the past year and has already adopted policies and programming related to the CCBHC model, such as Assertive Community Treatment, Medication Assisted Therapy, outpatient substance use services, and comprehensive care coordination efforts. Much of the agency's recent expansion, in terms of both physical facilities and new treatment options, has been in preparation for full certification. In the months ahead, we'll complete the implementation of 24/7 mobile crisis services and continue to strengthen the programmatic foundations

that have been established.

Knowing that no two treatment journeys are the same, we're thrilled to adopt a service model that supports multiple pathways to recovery for those struggling! On behalf of our staff and clients, I'd like to sincerely thank everyone who has supported our agency throughout this process. The backing we've received, lessons we've learned, and experiences we've gained are going to be instrumental to the future of behavioral health in East Central Kansas.



*Lauren Rickner
Director of Quality and Innovation*



Registration Open

CrossWinds is thrilled to announce its inaugural "Swing Away Stigma" golf tournament, set to take place on **July 27** at the Emporia Municipal Golf Course. This exciting event aims to bring the community together for a friendly competition while supporting CrossWinds' vital programs.

The tournament day will begin bright and early with **registration at 7:30 a.m., followed by a shotgun start at 8:30 a.m.** Participants can look forward to a well-organized event featuring a 4-man

scramble format. After the tournament, participants will enjoy a delicious lunch concluding with an awards ceremony & prize distribution celebrating the top performers.

"CrossWinds is very excited to host our first-ever Swing Away Stigma event," said Jacque Wellnitz, CrossWinds Development Manager. "This tournament will not only provide a morning of fun and relaxation, it will also directly support the important work we're doing throughout our service area."

Registration for the event is still open. An entry fee of \$300 per team covers range balls, green fees, cart rental, and lunch. Those interested can sign up online at crosswindks.org/events or contact Jacque Wellnitz via jwellnitz@crosswindks.org or 620-437-7484.

CrossWinds extends its heartfelt thanks to our Eagle Sponsors, Schmidt Custom

Cabinetry and Burnap Bros. Plumbing, for their generous support. We also thank our Birdie Sponsors: Lyon County State Bank, Emporia State Federal Credit Union, and Modern Air. Their contributions help make this event possible.

Join us for a fantastic day of golf and camaraderie, all while supporting the mission of CrossWinds Counseling and Wellness. Together, we can swing away the stigma surrounding mental health!



**REGISTER NOW
Scan Here**

Successful night at Stand Up to Stigma: Thanks to You!

On May 3, CrossWinds hosted its Stand Up to Stigma comedy event and annual report at the Emporia Granada Theater. The evening was filled with laughter and an overwhelming sense of community support thanks to the outstanding performance by featured comedian Gina Brillon and opening acts from Cody Lindenberger, Cole Fletcher, and Jamie Campbell.

We are thrilled to announce that the event raised over \$53,000 in support of our mission to improve the mental wellness and whole-body health of our communities! This achievement would not have been possible without the generosity and enthusiasm of our attendees.

We send a special congratulations to Jacob and Phyllis Stutzman, who were honored as our Donors of the Year. Their unwavering support and dedication to our cause have made a significant impact on the lives of those we serve. We also recognized the Emporia State University Career Services Team as our Community Partner of the Year. Their collaborative efforts have impacted the lives of more than 60 current CrossWinds staff members and will continue to impact many future mental health professionals. Sheriff Heath Samuels was named Advocate of the Year. His advocacy and support for mental health initiatives continues to uplift and improve the lives of residents throughout Greenwood County.

A sincere “Thank You” also goes out to The Daily Station for catering the event. Their delicious food and exceptional service added a special touch to the evening, making it even more memorable. Guest panelists Michelle Ponce of the Association of Community Mental Health Centers of Kansas and Senator Mike Fagg also deserve special recognition for providing their insight and expertise during the evening’s mental health panel.

To everyone else who attended, donated, volunteered, and supported in any way, we couldn’t have done it without you! Your contributions help us continue our work and make a positive difference in the lives of so many. We look forward to seeing you at future events and continuing this journey together.

