

Thank You!

There are truly not enough words to express how incredibly proud I am of the progress we've made at CrossWinds! The amount of interest, participation, and attendance that was given at last month's open house and ribbon cutting at the Sauder Family Center made for a truly humbling experience. It was especially meaningful to hear visitors describe our staff as professional, caring, knowledgeable, and engaging. All these kind words served as a great reminder of just how important and valued we are to the members of our communities. None of this would've been possible without the work of the many mental health advocates that support and believe in our mission. Your generosity, both in terms of monetary donations and the gift of your time and energy, has been inspiring. These contributions have not only brought us closer to our fundraising and construction goals but have also helped to spread the word about our mission. As we continue to work towards

our goals, we are excited to share that construction is progressing smoothly on our new facility at 1519 Merchant Street. We look forward to sharing more updates with you in the near future and are excited for the impact this space will have on our ability to serve our clients! To everyone reading, I want to offer a truly sincere "thank you" once again for all your support. Together, we are making a real difference in the lives of those in need!

Amanda Cunningham, CEO
CrossWinds Counseling and Wellness



STAND UP to STIGMA

Tickets to CrossWinds' annual comedy fundraiser are on sale now! Set for Friday, May 3, Celebrate CrossWinds: Stand Up to Stigma will be a wonderful night of celebration that provides funding for crucial mental health support services. The night will feature headliner Gina Brillon who made the Top 10 of America's Got Talent in 2021 and has several popular comedy specials available for streaming on major platforms.

To purchase tickets, scan the QR below. Two separate options are available. "GA Special" tickets are \$75 and include dinner, drinks, an overview of last year's successes during the agency's annual report, and a floor view of the following comedy show. Doors will open at 5:30 p.m. "GA Balcony" tickets are available for \$20 and will give guests access to the comedy show and an optional silent auction. Doors will open at 7:30 p.m.

Those looking for additional information on the event can contact CrossWinds Development Support Specialist Stephanie Anderson at sanderson@crosswindssk.org.



Supported Employment Client Starts Own Business

Crosswinds' IPS/Supported Employment and Education Services can be vital in the recovery and independence of clients. The past year marked an especially notable success story:

“We had a client that started an apprenticeship with a local bread baker to learn how a small bakery business was run. They began to attend the local farmer’s market with the idea of selling homemade dog treats. However, the client quickly learned about all the licensing and labeling requirements for such a business and began to feel very overwhelmed with the steps they needed to take to accomplish their goal. They initially decided to end services to focus on their apprenticeship at the bakery. After some time though, they came back to our services to begin the licensing process and create their own labeling. This client now has their own business and has started selling their dog treats at a market within their community!”

– CrossWinds Supported Employment Specialist Wendi Soendker

Those looking for more information on these programs can contact Wendi Soendker at wsoendker@crosswindssk.org.

CrossWinds Launching Scholarship Opportunity for Bilingual Clinicians

CrossWinds is committed to recruiting qualified master’s level clinicians to meet the growing need for mental health services in our seven-county coverage area. This includes the recruitment of Spanish-speaking clinicians, which allow us to better serve members of the Hispanic community. To aid in the recruitment of bilingual clinicians, CrossWinds is developing a scholarship program for the upcoming school year.

CrossWinds plans to award \$1,000 in scholarships each semester to two master’s level students attending Emporia State University and/or from our seven-county service area that are pursuing degrees in social work, counseling, marriage and family therapy, or psychology. To qualify for the scholarship, students must be bilingual in Spanish and English and maintain a “B” average. Scholarship recipients must submit proof of enrollment and will be required to submit an academic transcript and resume to requalify for the following semester.

If you are interested in helping sponsor or support a scholarship opportunity, please reach out to Lucas Moody and Amanda Cunningham by calling 620-343-2211 or emailing lmoody@crosswindssk.org and acunningham@crosswindssk.org.

Join the \$50 for 50 Days: Match Challenge!

CrossWinds is excited to announce the launch of the "\$50 for 50 Days: Match Challenge," a fundraising initiative designed to maximize community impact. The challenge was inspired by a generous donation during the agency’s recent open house, where a community member handed a staff member a \$50 bill, challenging the agency to make the most of it.

Starting on March 12 and running through May 1, the first day of Mental Health Awareness Month, the challenge invites community members to donate \$50 to support their chosen county, department, program, or cause. Options include Counties (Chase, Coffey, Greenwood, Morris, Osage, or Wabaunsee), Adult Services, Crisis Services, Residential Facilities, Children's Programming, Therapeutic Preschool, Medication Clinic, Lyon County Therapy Services, El Centro Hispano de CrossWinds, Staff Appreciation, and donations to be used at Agency Discretion.

CrossWinds aims to amplify the impact of each \$50 donation by stretching it as far as possible in improving the mental wellness and whole-body health of our communities. To participate in the "\$50 for 50 Days: Match Challenge" and support CrossWinds in their mission, please scan the QR below to make your contribution. Your \$50 can change lives. Join the challenge and support mental health services for all!



**Donate to the Team of
YOUR choice!**

Chase • Morris • Wabaunsee • Osage • Coffey • Greenwood • Lyon County
Therapeutic • Crisis Services • Adult Services • Medication Services •
Childrens Programs • Therapeutic Preschool • El Centro • Residential
Services • Staff Appreciation • Agency Discretion